



Sarvajnik Education Society
SARVAJANIK UNIVERSITY



Report on
**PAP TEST Awareness
Session**

Organized by
**Sarvajnik University
in
collaboration WDC, SCET**



Held on
22nd August 2025

Coordinated by
Dr. Kaushika Pal
Prof. Bhumika Patel

Dr. Saniya P Thakkar

- She completed her MBBS from Govt. Medical College, Amritsar, and her M.S. from Govt. Medical College, Surat
- Practicing since 2013, she has delivered numerous talks on women's health awareness.
- Along with her committed team, Dr. Saniya has been leading initiatives to spread awareness and encourage early detection—because awareness can save lives.



- She is the owner and consultant at vraj hospital.
- Former consultant at Me and Mummy hospital

Details of the Session

Date and Time	22nd August 2025 (12:00 PM to 1:00 PM)
Venue	EC Av Room
Targeted Audience	Scet students and Female Staff members
Faculty co-ordinator	Prof. Bhumika Patel Dr. Kaushika Pal
Organized By	Women Development Cell
Speaker	Dr. Saniya P Thakkar

Objective :

The session aimed to create awareness among female staff about the Peptide Test for early detection and survival of cancer, emphasizing the importance of preventive healthcare and timely diagnosis.

Topics covered:

- The event was organized with the main objective of spreading awareness about women's health and well-being
- With a special focus on educating participants about the Pap test for cervical Cancer.
- The session aimed to highlight the importance of early detection.
- Regular check-ups to prevent serious health complications.
- The speaker explained several important health topics in detail.



- The need to maintain physical and mental health during this phase.
- She also addressed menstrual health (periods), emphasizing proper care and awareness to avoid long-term health issues.
- The session also covered PCOD (Polycystic Ovarian Disease) and PCOS (Polycystic Ovary Syndrome) Common hormonal disorders affecting women.
- Which can lead to irregular periods, weight gain, and fertility challenges.
- The speaker provided guidance on lifestyle modifications and medical awareness to manage these conditions effectively.

- Additionally, she shared healthy Body tips and highlighted the benefits of eating clean and nutritious food.
- Also how a balanced diet can prevent many Lifestyle-related diseases and support overall well-being



- Overall, the session was highly informative, interactive, and impactful.
- It not only enhanced the knowledge of the participants but also encouraged them to prioritize regular health check-ups, adopt healthier habits, and spread awareness in their communities.





- We, the team WDC, extend sincere thanks to Dr. Hiren Patel, Principal, for permitting and encouraging such an event
- We extend our special thanks to the Head of the Departments and Faculties, SCET, for motivating students to participate in such events.

**Progress is not achieved in isolation
—it is built when we move forward,
hand in hand, with courage,
equality, and collective purpose.**

Report Compiled by Dr. Kaushika Pal